

## Monday - Taco Salad

(Don't forget to prep beans to use on Friday and Sunday)

## Tuesday - Crockpot Carnitas

## Wednesday - Lemon-Rosemary Chicken Thighs and Salad

## Thursday - Fried eggs over spinach

## Friday - Crockpot Beans and Rice

## Saturday - Egg Roll in a Bowl

## Sunday - Stuffed Sweet Potatoes

Instructions and recipe links  
at [workingathomeschool.com](http://workingathomeschool.com)