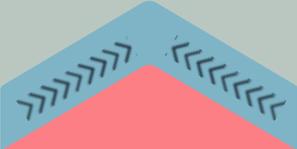




# KITCHEN DAY CHECKLIST

- 
- Clean one kitchen cabinet shelf
  - Clean one kitchen drawer
  - Clean one pantry shelf
  - Clean one refrigerator shelf
  - Boil eggs for snacks (if desired)
  - Cook and shred chicken (if desired)
  - Prepare snacks for the week



***KITCHEN DAY***

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